

Happy International Women's Day



70 Rules of International Women Equality

#BreaktheBias

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Rule 1: Do not disrespect any woman

Rule 2: Do not body shame any woman

Rule 3: Do not sexually abuse any woman

Rule 4: Do not physically abuse any woman

Rule 5: Do not emotionally abuse any woman

Rule 6: Do not deprive a woman of education

Rule 7: Treat women equally as men

Rule 8: Do not underpay any woman in any office environment

Rule 9: Do not discriminate against any woman

Rule 10: Do not call any woman “ugly”

Rule 11: Do not deny any woman from attaining political offices

Rule 12: Do not prevent women from owning properties

Rule 13: Do not deny women access to good healthcare

Rule 14: Do not disrespect the body of a woman

Rule 15: Do not prevent women from voting

Rule 16: Do not stop women from making decisions

Rule 17: Do not force a woman into marriage

Rule 18: Do not decide for a woman the number of children they should have

Rule 19: Do not slut shame a woman because of how she dresses

Rule 20: Do not force women into abortion

Rule 21: Do not force women in sterilization

Rule 22: Do not prevent women from protesting

Rule 23: Do not insult any unmarried woman

Rule 24: Do not always blame a divorced woman for a broken marriage

Rule 25: Love women with a passion

Rule 26: Do not take pictures and videos of a woman without her consent

Rule 27: Do not drug the drink of a woman

Rule 28: Do not prevent a woman from speaking up

Rule 29: Do not see a woman as a sexual object

Rule 30: Do not consider women as baby-making machines

Rule 31: Do not rape any woman

Rule 32: Do not subject women to a series of virginity tests

Rule 33: Do not restrict the movement of women

Rule 34: Do not prevent women from having an international passport

Rule 35: Do not call women prostitutes because of their haircuts

Rule 36: Do not call women lesbians because of their leg chains

Rule 37: Do not call women uncultured because they can't cook

Rule 38: Do not call women useless because they gave birth to only female children

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Rule 39: Do not blame women for any childlessness in the family

Rule 40: Do not shave the hair of a woman when her husband dies

Rule 41: Do not discriminate against any woman with a disability

Rule 42: Always treat women and men equal

Rule 43: Do not torture or persecute women because of their skin colour

Rule 44: Do not think that an ambitious woman is a complicated woman

Rule 45: Do not think that women end up in the kitchen

Rule 46: Do not take advantage of vulnerable women

Rule 47: Do not demand or request sexual favours from any woman

Rule 48: Do not kidnap any woman

Rule 49: Do not murder any woman

Rule 50: Do not sell women for sex

Rule 51: Do not prevent any woman from expressing herself

Rule 52: Encourage a healthy and peaceful environment where women live

Rule 53: Do not discriminate against any woman because of her gender identity.

Rule 54: Do not ignore the efforts of a woman

Rule 55: Do not embarrass a woman in public

Rule 56: Do not mock a woman raped

Rule 57: Provide women with their basic needs

Rule 58: Every woman needs to be independent

Rule 59: Do not see women as a punching bag

Rule 60: Take the right of a woman to own lands as an international right

Rule 61: Allow women to take leadership and peacemaking roles in the country

Rule 62: Prevent all forms of marginalization done against women

Rule 63: Elimination of genital mutilation

Rule 64: Prevent judicial stereotypes

Rule 65: Transform gender stereotypes

Rule 66: Empower women and break the bias in the country

Rule 67: Support educational, economic, social and health opportunities involving women

Rule 68: Organize campaigns and workshops to spread women's equality

Rule 69: Reform discriminatory laws and policies that affect women

Rule 70: Women make the world a better place; celebrate them